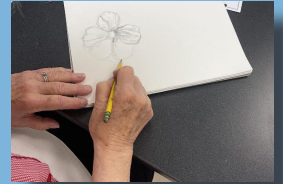


ACALANES

# ADULT EDUCATION

AT THE DEL VALLE EDUCATION CENTER

FALL 2023



1963 Tice Valley Blvd.  
Walnut Creek, CA 94595  
(925) 280-3980 ext 8001  
[www.auhsd.org/adulted](http://www.auhsd.org/adulted)

See floral classes page 17

# To Our Acalanes Adult Education Community

"An investment in knowledge pays the best interest."

~Benjamin Franklin

## DIRECTOR'S MESSAGE

Dear Guests,

For 78 years, Acalanes Adult Education (AAE) has welcomed Guests to enroll in our enrichment courses, work towards their high school diploma, improve their language acquisition through our English Language Learner program, and so much more. As we begin the 2023 - 2024 school year, we look forward to welcoming back our returning and dedicated Guests and also welcoming our new Guests who are eager to Explore, Experience, and Learn at Acalanes Adult Education.

As I pen this message, I reflect upon the Chinese Proverb, "Teachers open the door, but you must enter by yourself." Our teachers have their doors open and ready to welcome you to their classroom. Perhaps there is a course or a few courses, which you find to pique your interest; however, you might not feel you are quite ready...I ask you to take that plunge and enter through the educational door and enroll in that class or two. Take the opportunity to learn something new, brush up on something you have not experienced in some time, or continue your learning pathway. Whether you are a returning or new Guest, know the staff at AAE are here to support you wherever your educational experience may take you.

New classes offered this year: Watercolo; A New Look at U.S. History; Three, a Winning number for mystery Novels; Laugh/Learn/Think on your feet - Level II; Beginning Tap Dancing with Lettie.

Acalanes Adult Education (AAE) continues to work towards doing our part to help the environment by reducing paper waste. We began this journey with our paperless enrollment and beginning Fall 2022, we will continue this journey by no longer printing a brochure. Rather, we will provide a digital brochure for our Guests. Guests who have enrolled with AAE in the past will receive an email version of our Fall brochure. New Guests will be able to find our brochure online through our various media outlets.

Acalanes Adult Ed is now on Social Media. Guests may follow us on Instagram via our handle @acalanesadulthoodeducation and Guests may also follow us on Facebook by visiting facebook.com/acalanesadulthoodeducation.

Please note our refund policy on page 3. AAE will continue to offer online registration where students may enroll in classes and pay the course fees with Visa, MasterCard, Discover, American Express. We encourage you to enroll early so that you reserve your space in a class that is popular, or keep from being canceled due to low enrollment. Additionally, should your class be offered online, you will receive log-in information from your teacher.

Thank you to all our Guests for your continued support of AAE and I look forward to seeing you during our Fall, 2023 term.

Thank you,



Steven France, Director



# Enrollment, Fees, and Refund Policy

**Refund Policy:** All requests for refunds must be made in writing (email accepted). Refund of fees will only be given if requested at least 72-hours before the first scheduled class meeting. There is a \$25 service fee for cancellations. No refunds will be granted after class start date. A complete refund (no processing fee) will always be made if AAE cancels a class. Please choose your classes carefully.

## REGISTRATION

Fall Registration  
starts 8/9/2023 at 8am

## OFFICE HOURS

M-F: 8am to 3:30pm

## ROOMS

Room numbers may change. Check room schedule on the monitors in the hallways.

## CALENDAR

9/11 - Fall Quarter Begins  
11/10 - No School  
11/20-11/24 - Holiday (No School)  
1/8- Winter Quarter Begins

## CAMPUS LOCATION

Del Valle Education Center (DVEC)  
Acalanes Adult Education  
1963 Tice Valley Blvd, Walnut Creek

## ON-LINE REGISTRATION

<https://www.auhsd.org/adultedonlineregistration>

## CONTACT

(925) 280-3980 ext 8001  
Fax (925) 280-3981  
Email: [adulted@auhsdschools.org](mailto:adulted@auhsdschools.org)  
Web: [www.auhsd.org/adulted](http://www.auhsd.org/adulted)

## Extenuating Circumstances Refund Policy due to Unforeseen Events (i.e. pandemic) and/or Natural Disaster:

Due to the fluid nature of unforeseen events (i.e. pandemic) and/or natural disasters, an extenuating circumstances refund policy may apply for course fee refunds.

**Class Cancelled:** Automatic refunds (no processing fee) will be processed by AAE if a class is cancelled due to the unforeseen event and/or natural disaster. **Class Postponements:** If a class is postponed due to the unforeseen event and/or natural disaster, and you are unable to attend the postponed class as scheduled, a full refund (no processing fee) will be granted provided students notify the AAE office within 72-hours of class postponement announcement.

**Class Instructional Platform Change:** If the class instructional platform is changed due to the unforeseen event and/or natural disaster (i.e. face-to-face changed to Online/distance learning, etc.) and a student has already attended the initial class instruction, but now wishes to cancel the class due to the change of instructional platform, a prorated refund will be issued and a \$25 service fee will be applied.

**Enrollment:** All persons 18 years of age or older may enroll in adult education classes with no residency restrictions.

**Fees:** Fees are based on a minimum number of enrolled students. Fee-based classes may be canceled, hours reduced, or fees increased if minimum enrollments are not achieved. No discount is given for classes missed for any reason.

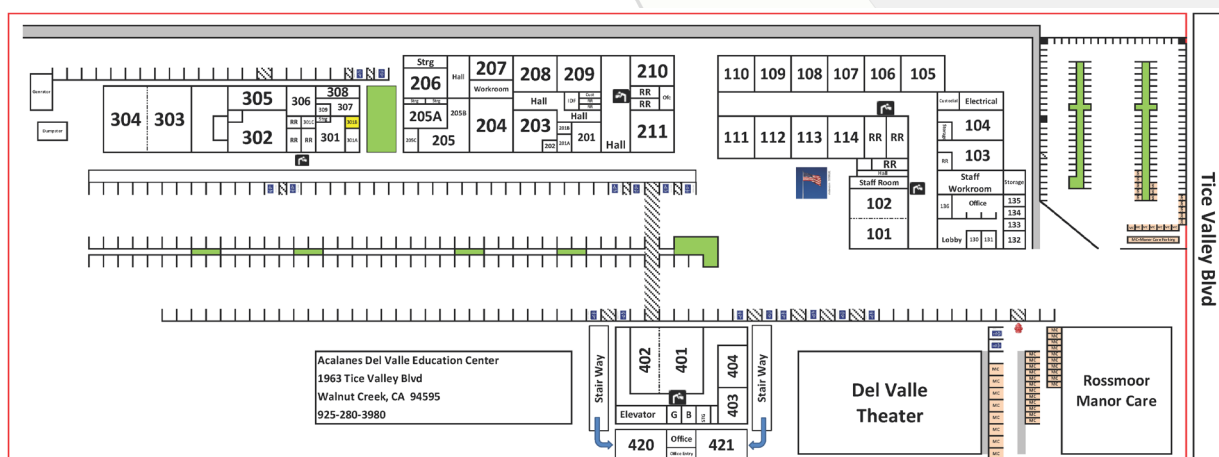
**Forms of Payment:** Cash, check, or credit card (Visa, MasterCard, Discover, and AMEX) are accepted forms of payment at Acalanes Adult Education. A bank fee applies on all returned checks.

**Senior Discount:** Persons 65 years of age or older receive a 10% discount for classes.

# Table Of Contents

| Description                                  | Page # |
|--|--------|
| Adult Secondary Education, G.E.D             | 29     |
| Apple Classes                                | 6-11   |
| Art  | 20-21  |
| Chamber Music                                | 28     |
| Citizenship                                  | 25     |
| English Language Learners                    | 24-25  |
| Film   | 27     |
| Fitness                                      | 18-19  |
| Floral Design                                | 17     |
| Genealogy                                    | 28     |
| History                                      | 26     |
| Humanities                                   | 26-27  |
| Languages - Spanish, French, Italian, German | 12-16  |
| Money Management                             | 23     |
| Novels                                       | 26     |
| Performing Arts                              | 22     |
| Registration Form                            | 5      |
| Special Interest                             | 28     |
| Trust & Estate Planning                      | 23     |
| Writing                                      | 27     |

## Del Valle Education Center Campus Map





# REGISTRATION FORM

## Acalanes Adult Education (AAE)

Del Valle Education, 1963 Tice Valley Blvd.

Walnut Creek, CA 94595

(925) 280-3980 ext. 8001, Fax (925) 280-3981

Disclaimer: I realize that there is an inherent risk of injury when participating in these classes or recreational activities. I understand and acknowledge that in order to participate in these activities I agree to assume liability and responsibility for any and all potential risks which may be associated with participation in such activities. I understand that the Acalanes Union High School District does not carry medical accident insurance for injuries sustained in its programs and I therefore assume the risk of any injuries arising out of or in connection with participation in said classes or activities. In the event of any emergency, I authorize the school officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care and agree that I will be responsible for payment of all services rendered. In the event that the student is a minor, the above consent must be agreed upon and signed by the parent.

AAE reserves the right to photograph facilities, school or class room activities and program participants for possible use in advertising, brochures, and the Website. All photos remain the property of AAE.

I have read and fully understand the agreement above, assume all risk for any injuries sustained and consent to emergency medical treatment if appropriate. I also have read and agree to abide by the registration/refund policies published in the current AAE brochure and the AUHSD Student Internet and Network Responsible Use Agreement currently posted on line at <http://www.acalanes.k12.ca.us/forms/studentuseagreement.pdf>

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Home # \_\_\_\_\_ Email \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ ☐ Male ☐ Female

| Course # | Title | Fee   | Day   | Time  | Instructor |
|----------|-------|-------|-------|-------|------------|
| _____    | _____ | _____ | _____ | _____ | _____      |
| _____    | _____ | _____ | _____ | _____ | _____      |

### Payments

☐ Check - Make check payable to ACALANES ADULT EDUCATION (AAE)

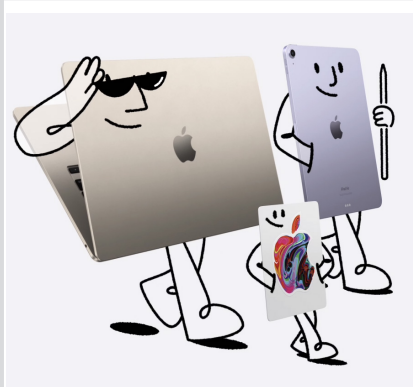
☐ Cash - Please bring to the AAE office in the 100 building

Credit Card: ☐ Visa ☐ MC ☐ Discover ☐ AMEX

Signature \_\_\_\_\_

Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_

# APPLE DEVICES



Bring your Macbooks, iPads, iPhones and Apple watches and we'll make sure they are set up properly and ready to go.

Note: Students should update their devices to the most recent macOS, iOS, iPadOS or WatchOS before coming to class



## APPLE A DAY CLASSES



### WHAT'S A PODCAST? - 1 CLASS



Do you need something to pass the time? Want something to listen to during a morning walk? Would you prefer to sleep in rather than wake up early to listen to a favorite radio broadcast? If so, then podcasts are for you. Using Apple's Podcasts app, you'll learn how to find and listen to great content. And the good news is that vast majority of podcasts are free. Bring your Apple device updated to the latest version of its operating system.

|        |   |      |              |          |                              |          |
|--------|---|------|--------------|----------|------------------------------|----------|
| 246320 | W | 9/13 | 10am to 12pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|------|--------------|----------|------------------------------|----------|

### STAYING SAFE WITH APPLE PRODUCTS- 1 CLASS

Sometimes it's hard to tell the difference between a lie and the truth. This is certainly the case online, where it's relatively easy for n'er-do-wells to try to trick you into giving up valuable information or grant access to your computer. Bring your Apple devices and join us to learn what you can do to protect your home network, your devices, your data, and yourself.

|        |   |      |                  |          |                              |          |
|--------|---|------|------------------|----------|------------------------------|----------|
| 246422 | W | 9/13 | 1:30pm to 3:30pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|------|------------------|----------|------------------------------|----------|



# APPLE A DAY CLASSES



## ALL ABOUT SUBSCRIPTIONS - 1 CLASS

Subscriptions are everywhere. Software companies are using them in lieu of one-time sales and upgrades. Purchasing albums and individual tracks is rapidly giving way to music subscriptions. Non-traditional media outlets such as Netflix and traditional channels such as CBS are offering programming via subscription. Even Apple, Disney, and others are creating standalone streaming channels. Come find out how to make sense of it all.

|        |    |      |              |          |                              |          |
|--------|----|------|--------------|----------|------------------------------|----------|
| 246628 | Th | 9/14 | 10am to 12pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|----|------|--------------|----------|------------------------------|----------|

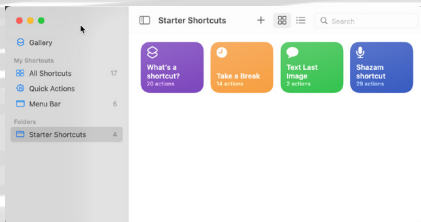
## TURNING THE PAGES ON CALENDARS - 1 CLASS

Have you ever written an appointment on the calendar next to your desk, but not on the calendar hanging on your refrigerator...and then missed the appointment? Does your paper calendar ruffle its pages when it's time to leave? Or tell you about traffic? An electronic calendar can solve all these problems. Bring your Apple devices, updated to the latest version of their operating system, and we'll show you how to keep track of all the people, places, and events in your life.



|        |    |      |                  |          |                              |          |
|--------|----|------|------------------|----------|------------------------------|----------|
| 246525 | Th | 9/14 | 1:30pm to 3:30pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|----|------|------------------|----------|------------------------------|----------|

## SHORTCUTS-GET STUFF DONE FASTER- 1 CLASS



A shortcut is a quick way to get one or more tasks done with your apps on the iPhone, iPad, or Mac. There's a wide variety of shortcuts you can download to your device, or you can use the Shortcuts app to create your own shortcuts with multiple steps that interact with the apps and content on your Apple devices, as well as with content and services on the Internet. Have your Apple devices updated to the latest version of their operating system.

|        |   |      |              |          |                              |          |
|--------|---|------|--------------|----------|------------------------------|----------|
| 246437 | F | 9/15 | 10am to 12pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|------|--------------|----------|------------------------------|----------|

## READ ANY GOOD EBOOKS LATELY? - 1 CLASS

eBooks are here, and you can read them on almost all of your Apple devices that have a screen. While it's true that there are times that nothing beats holding a book in your hands, eBooks provide their own set of advantages including highlighting, a built-in dictionary, and easy searching. And if audiobooks are your preference, Apple's Books app has you covered. Bring your Apple devices, updated to the latest version of their operating system.



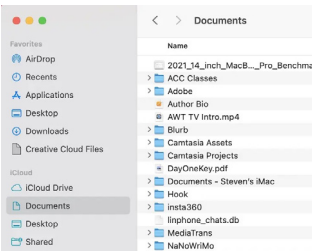
|        |   |      |                  |          |                              |          |
|--------|---|------|------------------|----------|------------------------------|----------|
| 246428 | F | 9/15 | 1:30pm to 3:30pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|------|------------------|----------|------------------------------|----------|



# APPLE A DAY CLASSES



## WHAT THE HECK IS THE FINDER? - 1 CLASS



The Finder has been a part of the Mac since the beginning in 1984. It started out as way to access the Mac's file system. It wasn't until several years after its introduction that it would actually find anything. Now the Finder plays several roles, including providing many ways to organize and view your files, serving as a conduit to your iPhone and iPad, and even accessing files that aren't on your Mac. Update your Mac to the latest version of macOS and we'll explore all the things the Finder can do.

|        |    |      |              |        |                              |          |
|--------|----|------|--------------|--------|------------------------------|----------|
| 246523 | Th | 9/21 | 10am to Noon | ONLINE | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|----|------|--------------|--------|------------------------------|----------|

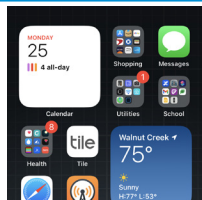
## PREVIEW- THE MAC'S SWISS ARMY KNIFE - 1 CLASS



The Preview app has been a part of the Mac for over 20 years, but many folks don't even know of its existence. You can use it to view and manipulate PDF files, mark up documents, fill out forms, view images and change their file formats, and more. Update your Mac to the latest version of macOS.

|        |   |      |              |        |                              |          |
|--------|---|------|--------------|--------|------------------------------|----------|
| 246429 | F | 9/22 | 10am to Noon | ONLINE | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|------|--------------|--------|------------------------------|----------|

## WHAT'S NEW WITH IPHONE?- 1 CLASS



Every year, Apple releases another version of the software that makes the iPhone the world's most popular smartphone, and 2023 is no exception. If you're an experienced iPhone user who wants to keep up to date with improvements and new features in iOS then this is the class for you.

|        |   |      |              |          |                              |          |
|--------|---|------|--------------|----------|------------------------------|----------|
| 246524 | F | 10/6 | 10am to Noon | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|------|--------------|----------|------------------------------|----------|

## "NEW" WHAT'S NEW WITH APPLE WATCH? 1 CLASS

2023 promises to be a big year for Apple Watch and there's a lot that's new. We'll cover it all in this class.



|        |   |      |                  |          |                              |          |
|--------|---|------|------------------|----------|------------------------------|----------|
| 246529 | F | 10/6 | 1:30pm to 3:30pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|------|------------------|----------|------------------------------|----------|





# APPLE A DAY CLASSES



## WHAT'S NEW WITH IPAD 1 CLASS



A couple of years ago, Apple introduced iPadOS, a variation of the software that runs on iPhone, to add new features that take advantage of the iPad's ability to serve as a second screen for a Mac, use a keyboard and mouse, and run more than one application on-screen simultaneously. If you're an experienced iPad user then this class will get you up to speed with all of the new features and benefits of the latest version of iPadOS.

|        |    |       |              |          |                              |          |
|--------|----|-------|--------------|----------|------------------------------|----------|
| 246421 | Th | 10/12 | 10am to Noon | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|----|-------|--------------|----------|------------------------------|----------|

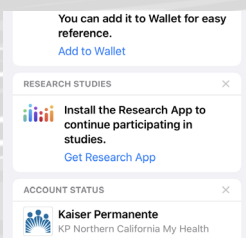
## MUCH ADO ABOUT NOTING- 1 CLASS

Need to make a quick note? No problem, type...or dictate. Need to add a checklist? Check. How about a weblink? Done. A picture? It's a snap. Let other people add things to the note? Easy-peasy. When a full-blown word processor is overkill Apple's Notes app stands ready to assist with more features than you think. Bring your Apple devices, updated to the latest version of their operating system.



|        |    |       |                  |          |                              |          |
|--------|----|-------|------------------|----------|------------------------------|----------|
| 246526 | Th | 10/12 | 1:30pm to 3:30pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|----|-------|------------------|----------|------------------------------|----------|

## MIND YOUR HEALTH - 1 CLASS



The Health app on your iPhone is one of Apple's hidden jewels, and if you're not using it you are missing out. Your iPhone can collect health data about you, including daily footsteps and the flights of stairs you climb. Pair your iPhone with an Apple Watch, and it can perform periodic heart rate measurements and detect falls. You can also download and access your health records, including your Medical ID, vaccination records, and emergency contacts. Update your iPhone to iOS 16 and Apple Watch to watchOS 9.

|        |   |       |                  |          |                              |          |
|--------|---|-------|------------------|----------|------------------------------|----------|
| 246425 | F | 10/13 | 1:30pm to 3:30pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|-------|------------------|----------|------------------------------|----------|

## REMIND ME AGAIN - 1 CLASS



Do you have lots of scraps of paper in your wallet, or on your desk, or on post-it notes scattered throughout the house? Can't find the packing list that you know was in the desk drawer? And who's got the grocery list? Bring your Apple devices, updated to the latest version of their operating system, Bring your iPhone and Apple Watch updated to iOS 17 and watchOS 10, respectively. Reminders app can help eliminate all the flying paper.

|        |   |       |                  |          |                              |          |
|--------|---|-------|------------------|----------|------------------------------|----------|
| 246328 | F | 10/27 | 1:30pm to 3:30pm | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|-------|------------------|----------|------------------------------|----------|

# APPLE A DAY CLASSES

## WALLET AND APPLE PAY - 1 CLASS

Whether it's digging up your AAA card, buying movie tickets, paying for your groceries, or riding BART, you can do it with Apple Pay and the Wallet app on your iPhone. Apple Pay is faster, easier, and safer than using a traditional credit card. And once you use it you will never want to go back to using traditional credit cards. Bring your iPhone and Apple Watch and we'll help you get set up and ready to go.



|        |   |      |              |          |                              |          |
|--------|---|------|--------------|----------|------------------------------|----------|
| 246424 | W | 11/8 | 10am to Noon | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|------|--------------|----------|------------------------------|----------|

## OB-LA-DI, O-LA-DA - 1 CLASS

At one time or another, music has been a part of every human being's life. You've probably grown up with radio, vinyl 45s, albums, CDs, an iPod, online purchases, and now streaming and subscriptions. It all still boils down to this: What's the best way to listen to the music we love? Bring your Apple devices, updated to the latest version of their operating system, and we'll get them humming (groan).

|        |    |       |              |          |                              |          |
|--------|----|-------|--------------|----------|------------------------------|----------|
| 245326 | Th | 11/16 | 10am to Noon | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|----|-------|--------------|----------|------------------------------|----------|



## I H8 PA\$\$WORDS? - 1 CLASS

When we were kids, there were no ATMs. You had to go to a doctor's office for an appointment. And coins literally were the coin of the realm. Then along came the internet and with it a growing need for ever more security. And you know what that means: Passwords. The idea behind passwords is wonderful. But human beings, unfortunately, aren't very good at remembering passwords. Now's your chance to learn about password managers which can simplify your life even as it gets more complex. Make sure your Apple devices are updated to the latest versions of their operating system.

✗ password1

✗ 123456

✓ C@ts-and-Dogs-Living-together

|        |   |      |              |          |                              |          |
|--------|---|------|--------------|----------|------------------------------|----------|
| 245329 | F | 12/8 | 10am to Noon | Room 110 | Reg. \$25<br>Seniors \$22.50 | Matthews |
|--------|---|------|--------------|----------|------------------------------|----------|

# APPLE CLASSES

## LEARN PAGES ON THE MAC - 3 CLASSES



Pages is Apple's word processor and it runs on the Mac, iPad, iPhone, and in a web browser. You can create beautiful documents, including newsletters, flyers, certificates, basic letters, and books. It can even open Word documents and save its own files as Word documents. And did we mention that it's free? Bring your Mac updated to the latest version of macOS and find out why Pages might be all the word processor you'll ever need. Class Dates: September 20, 21, 22

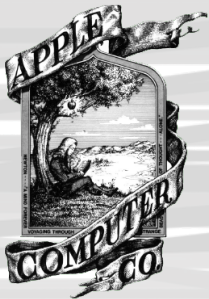
|        |      |                 |                     |        |                           |          |
|--------|------|-----------------|---------------------|--------|---------------------------|----------|
| 246325 | WThF | 9/20 to<br>9/22 | 1:30pm to<br>3:30pm | ONLINE | Reg. \$70<br>Seniors \$63 | Matthews |
|--------|------|-----------------|---------------------|--------|---------------------------|----------|

## APPLE WATCH 1:01 - 4 CLASSES



Apple Watch is Apple's most personal device. Besides telling you exactly what time it is, you can also use Apple Watch to make phone calls, measure your heart rate, track a workout, find your way home, remind you to stand up, set a timer, pay for your groceries, and much more. Bring your iPhone and Apple Watch updated to iOS 17 and watchOS 10, respectively. **Class Dates: November 8, 9, 15, 16**

|        |     |                  |                      |          |                              |          |
|--------|-----|------------------|----------------------|----------|------------------------------|----------|
| 246322 | WTh | 11/8 to<br>11/16 | 1:30pm to<br>3:30 pm | Room 110 | Reg. \$85<br>Seniors \$76.50 | Matthews |
|--------|-----|------------------|----------------------|----------|------------------------------|----------|



1976

Isaac Newton



1977-1998

Rainbow



1998

Translucent



1998-2000

Monochrome



2001-2007

Aqua



CURRENT

Chrome & Monochrome



# SPANISH LANGUAGE

Spanish - First year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Class also include conversation and culture.

## Textbook required.

Language classes start in the Fall and continue through Spring.  
A complete year of Language is a, b & c

a: offered in the Fall

b: offered in the Winter

c: offered in the Spring



¡Yo entiendo!



Yo no sé.



Yo necesito ayuda.



## SPANISH 1A - 10 CLASSES, NO PREREQUISITE

A beginning Spanish course focusing on pronunciation, basic grammar, short conversations, and getting around. Morning Spanish online classes will be held online for 2 hours, plus additional activities. Evening Spanish online classes will be held online for 2 hours only.

|        |   |               |                  |        |                             |      |
|--------|---|---------------|------------------|--------|-----------------------------|------|
| 244421 | T | 9/12 to 11/14 | 10am to Noon     | ONLINE | Reg. \$270<br>Seniors \$243 | Ruiz |
| 062121 | T | 9/12 to 11/14 | 6:30pm to 8:30pm | ONLINE | Reg. \$180<br>Seniors \$162 | Wert |

## SPANISH 2A - 10 CLASSES, PREREQUISITE SPANISH 1 OR EQUIVALENT

This class will be a continuation of the Spanish 1 course and will concentrate on helping the students communicate at a more intermediate level, using more complex sentence structure. They will also read stories that complement what they have learned in this class. Spanish online classes will be held online for 2 hours, plus additional activities

|        |   |               |              |        |                             |      |
|--------|---|---------------|--------------|--------|-----------------------------|------|
| 244522 | M | 9/11 to 11/13 | 10am to Noon | ONLINE | Reg. \$270<br>Seniors \$243 | Ruiz |
|--------|---|---------------|--------------|--------|-----------------------------|------|



### SPANISH 3A - 9 CLASSES, PREREQUISITE SPANISH 2 OR EQUIVALENT

Students of Spanish 3 will learn how to communicate by learning and using more complex grammar appropriate to this level. They will also read and listen to stories that complement what they have learned in this class. Spanish online classes will be held online for 2 hours, plus additional activities\*No classes 11/10

|        |   |                   |                 |        |                                |      |
|--------|---|-------------------|-----------------|--------|--------------------------------|------|
| 244623 | F | 9/15 to<br>11/17* | 10am to<br>Noon | ONLINE | Reg. \$245<br>Seniors \$220.50 | Ruiz |
|--------|---|-------------------|-----------------|--------|--------------------------------|------|

### SPANISH 4A - 10 CLASSES, PREREQUISITE SPANISH 3 OR EQUIVALENT

Students in Spanish 4 will study more elevated grammar topics using a book with explanations and exercises entirely in Spanish. They will also read and listen to stories that complement what they are learning in the class. Spanish online classes will be held online for 2 hours, plus additional activities

|        |   |                  |                 |        |                             |      |
|--------|---|------------------|-----------------|--------|-----------------------------|------|
| 244724 | W | 9/13 to<br>11/15 | 10am to<br>Noon | ONLINE | Reg. \$270<br>Seniors \$243 | Ruiz |
|--------|---|------------------|-----------------|--------|-----------------------------|------|

### SPANISH 5A - 10 CLASSES, PREREQUISITE SPANISH 4 OR EQUIVALENT

Students in Spanish 5 will study more complex grammar topics using a book with explanations and exercises entirely in Spanish. They will also read and discuss a novel appropriate for this level. This Spanish online class will be held online for 2 hours, plus additional activities.

|        |    |                  |                 |        |                             |      |
|--------|----|------------------|-----------------|--------|-----------------------------|------|
| 244825 | Th | 9/14 to<br>11/16 | 10am to<br>Noon | ONLINE | Reg. \$270<br>Seniors \$243 | Ruiz |
|--------|----|------------------|-----------------|--------|-----------------------------|------|

### ADVANCED SPANISH - 10 CLASSES, PREREQUISITE SPANISH 5 OR EQUIVALENT

This course takes Spanish students to an advanced level by increasing students' verbal communication, levels of critical thinking, and understanding of analytical statements in Spanish through the use of more complex grammar structures that will be applied in a conversation. This Spanish online class will be held online for 2 hours, plus additional activities.

|        |    |                  |               |        |                             |      |
|--------|----|------------------|---------------|--------|-----------------------------|------|
| 244828 | Th | 9/14 to<br>11/16 | 1pm to<br>3pm | ONLINE | Reg. \$270<br>Seniors \$243 | Ruiz |
|--------|----|------------------|---------------|--------|-----------------------------|------|

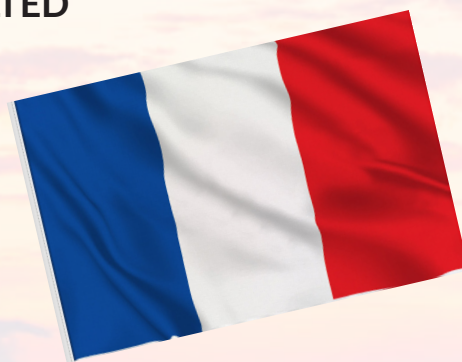
### SPANISH ADVANCED CONVERSATION AND LITERATURE - 10 CLASSES, PREREQUISITE 6 YEAR OF SPANISH OR EQUIVALENT

Online classes for two hours at an advanced level of reading and conversation plus an hour of additional activities. Virtual classes include conversation and small group discussion based on short stories, books, and topics of Hispanic culture and current events, plus grammar review and vocabulary enhancement. Additional offerings support and augment virtual class activities. This Spanish online class will be held online for 2 hours, plus additional activities.

|        |   |                  |                 |        |                             |        |
|--------|---|------------------|-----------------|--------|-----------------------------|--------|
| 062228 | M | 9/11 to<br>11/13 | 10am to<br>Noon | ONLINE | Reg. \$270<br>Seniors \$243 | Taylor |
|--------|---|------------------|-----------------|--------|-----------------------------|--------|

|        |   |                  |               |        |                             |        |
|--------|---|------------------|---------------|--------|-----------------------------|--------|
| 062229 | M | 9/11 to<br>11/13 | 1pm to<br>3pm | ONLINE | Reg. \$270<br>Seniors \$243 | Taylor |
|--------|---|------------------|---------------|--------|-----------------------------|--------|

# FRENCH CLASSES



French - First Year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Class also include conversation and culture. **Textbooks required.**

Language classes start in Fall and continue through Spring.

A complete year of Language is a, b & c. a: offered in Fall, b: offered in Winter, c: offered in the Spring

## FRENCH 1A -CLASSES - 9 CLASSES - NO PREREQUISITE

A beginning French course focusing on basic grammar and vocabulary, pronunciation, and comprehension. Classes will incorporate written and verbal activities to introduce and practice both written and spoken French. No class 11/10.

|        |   |                  |                    |          |                            |       |
|--------|---|------------------|--------------------|----------|----------------------------|-------|
| 060320 | F | 9/15 to<br>11/17 | 9:30 to<br>11:30am | Room 105 | Reg \$160<br>Seniors \$144 | Okada |
|--------|---|------------------|--------------------|----------|----------------------------|-------|

## FRENCH 2A - 10 CLASSES - PREREQUISITE FRENCH 1 OR EQUIVALENT

This class will be a continuation of the French 1 course and will concentrate on helping the students communicate at a more intermediate level, using more complex sentence structure. They will also read short stories about French culture and history.

|        |   |                  |                    |        |                            |          |
|--------|---|------------------|--------------------|--------|----------------------------|----------|
| 234520 | T | 9/12 to<br>11/14 | 9:30 to<br>11:30am | ONLINE | Reg \$180<br>Seniors \$162 | Zarhouni |
|--------|---|------------------|--------------------|--------|----------------------------|----------|

## FRENCH 3A - 10 CLASSES - PREREQUISITE FRENCH 2 OR EQUIVALENT

Students of French 3 will learn how to communicate by learning and using more complex grammar appropriate to this level. They will also read stories that complement what they have learned in this class.

|        |    |                  |                      |        |                             |          |
|--------|----|------------------|----------------------|--------|-----------------------------|----------|
| 234624 | Th | 9/14 to<br>11/16 | 9:30am to<br>11:30am | ONLINE | Reg. \$180<br>Seniors \$162 | Zarhouni |
|--------|----|------------------|----------------------|--------|-----------------------------|----------|

## FRENCH 4A - 10 CLASSES - PREREQUISITE FRENCH 3 OR EQUIVALENT

Students in French 4 will study more elevated grammar topics using a book with explanations and exercises entirely in French. They will also read short stories that complement what they are learning in this class. Contact the instructor for book details.

|        |   |                  |                      |        |                             |               |
|--------|---|------------------|----------------------|--------|-----------------------------|---------------|
| 234723 | W | 9/13 to<br>11/15 | 12:30pm to<br>2:30pm | ONLINE | Reg. \$180<br>Seniors \$162 | Wang- Axelrod |
|--------|---|------------------|----------------------|--------|-----------------------------|---------------|



**FRENCH 4D - 10 CLASSES - PREREQUISITE FRENCH 4 OR EQUIVALENT**

This class is a continuation of French 4 a-c. Students will study more elevated grammar topics using a book with explanations and exercises entirely in French. They will also read short stories that complement what they are learning in class. Contact the instructor for book details.

|        |    |                  |                      |        |                             |       |
|--------|----|------------------|----------------------|--------|-----------------------------|-------|
| 060720 | Th | 9/14 to<br>11/16 | 9:30am to<br>11:30am | ONLINE | Reg. \$180<br>Seniors \$162 | Waeny |
|--------|----|------------------|----------------------|--------|-----------------------------|-------|

**FRENCH 4.5D -9 CLASSES - PREREQUISITE FRENCH 4.5 OR EQUIVALENT**

This class is a continuation of French 4.5 a-c. Students will use a grammar book entirely in French and read stories appropriate to this level. Contact the instructor for book details. \*No class on 11/10.

|        |   |                   |                      |        |                             |       |
|--------|---|-------------------|----------------------|--------|-----------------------------|-------|
| 060723 | F | 9/15 to<br>11/17* | 9:30am to<br>11:30am | ONLINE | Reg. \$160<br>Seniors \$144 | Waeny |
|--------|---|-------------------|----------------------|--------|-----------------------------|-------|

**FRENCH 5A - 10 CLASSES -PREREQUISITE FRENCH 5 OR EQUIVALENT**

This class is a continuation of French 4. Students will use French grammar entirely and read stories appropriate to this level. Contact the instructor for book details.

|        |   |                  |                     |        |                             |              |
|--------|---|------------------|---------------------|--------|-----------------------------|--------------|
| 234825 | T | 9/12 to<br>11/14 | 6:30pm to<br>8:30pm | ONLINE | Reg. \$180<br>Seniors \$162 | Wang-Axelrod |
|--------|---|------------------|---------------------|--------|-----------------------------|--------------|

**FRENCH 5D- 10 CLASSES - PREREQUISITE FRENCH 5 OR EQUIVALENT**

This class is a continuation of French 5 a-c. Students will use French grammar entirely and read stories appropriate to this level. Contact the instructor for book details.

|        |   |                  |                      |        |                             |       |
|--------|---|------------------|----------------------|--------|-----------------------------|-------|
| 060826 | M | 9/11 to<br>11/13 | 9:30am to<br>11:30am | ONLINE | Reg. \$180<br>Seniors \$162 | Waeny |
|--------|---|------------------|----------------------|--------|-----------------------------|-------|

**FRENCH 6D - 10 CLASSES - PREREQUISITE FRENCH 5 OR EQUIVALENT**

This class is a continuation of French 6 a-c. Students will study more complex grammar topics using a book with explanations and exercises entirely in French. They will also read and discuss a novel appropriate for this level. Contact the instructor for book details.

|        |   |                  |                      |        |                             |       |
|--------|---|------------------|----------------------|--------|-----------------------------|-------|
| 060828 | T | 9/12 to<br>11/14 | 9:30am to<br>11:30am | ONLINE | Reg. \$180<br>Seniors \$162 | Waeny |
|--------|---|------------------|----------------------|--------|-----------------------------|-------|

**FRENCH ADVANCED - 9 CLASSES - PREREQUISITE FRENCH 5 OR EQUIVALENT**

Advanced French is conducted in French and includes grammar review, writing and reading a collection of contemporary French short stories, with discussions related to the stories. \*Grammaire Progressive du Français avancé 3ème édition de Michèle Boularès, Jean-Louis Frérot ISBN 978 209 038 197 9 \*, 13 à Table 2022

|        |   |                  |                      |        |                             |        |
|--------|---|------------------|----------------------|--------|-----------------------------|--------|
| 060920 | W | 9/20 to<br>11/15 | 9:30am to<br>11:30am | ONLINE | Reg. \$160<br>Seniors \$144 | Maiden |
|--------|---|------------------|----------------------|--------|-----------------------------|--------|



# ITALIAN

Italian - First Year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Class also include conversation and culture. Textbooks required.

Language classes start in Fall and continue through Spring.

A complete year of Language is a, b & c. a: offered in Fall, b: offered in Winter, c: offered in the Spring

## ITALIAN 1A- 10 CLASSES, NO PREREQUISITE

Italian 1a - No Prerequisite This communicative Italian course focuses on conversation and aids students with pronunciation and a grasp of basic grammar. Audio and video tools are supplied and the emphasis is given to listening, speaking, and comprehension of basic, hands-on Italian.

|        |   |                  |               |          |                             |         |
|--------|---|------------------|---------------|----------|-----------------------------|---------|
| 242127 | W | 9/13 to<br>11/15 | 1pm to<br>3pm | Room 106 | Reg. \$180<br>Seniors \$162 | Falcone |
|--------|---|------------------|---------------|----------|-----------------------------|---------|

## ITALIAN 2A - 10 CLASSES, PREREQUISITE ITALIAN 1

This class is the continuation of Italian 1. It will focus on situation-specific conversation practice inspired by travel needs. Language practice will also focus on short stories, videos and other media, spotlighting Italian culture and history.

|        |   |                  |                     |          |                             |         |
|--------|---|------------------|---------------------|----------|-----------------------------|---------|
| 242426 | W | 9/13 to<br>11/15 | 9:30am to<br>11:30a | Room 106 | Reg. \$180<br>Seniors \$162 | Falcone |
|--------|---|------------------|---------------------|----------|-----------------------------|---------|

## ITALIAN 3 AND INTERMEDIATE CONVERSATION - 9 CLASSES, PREREQUISITE ITALIAN 2 OR EQUIVALENT

This class will concentrate on reviewing and learning grammar with particular emphases on conversation. There will more than one hour conversation each lesson and we will learn how to present various subjects pertaining to everyday life. **\*No class 11/10**

|        |   |                       |                |          |                             |         |
|--------|---|-----------------------|----------------|----------|-----------------------------|---------|
| 242826 | F | 9/15 to<br>11/17 11am | 9am to<br>11am | Room 112 | Reg. \$160<br>Seniors \$144 | Falcone |
|--------|---|-----------------------|----------------|----------|-----------------------------|---------|

# GERMAN



## GERMAN ADVANCED CONVERSATION - 6 CLASSES, PREREQUISITE GERMAN INTERMEDIATE OR EQUIVALENT

This class will concentrate on conversations with classmates about current events, travel, and other topics of interest. No book required.

|        |   |                 |                  |        |                           |       |
|--------|---|-----------------|------------------|--------|---------------------------|-------|
| 061325 | W | 9/27 to<br>11/1 | 1pm to<br>2:30pm | ONLINE | Reg. \$90<br>Seniors \$81 | Waeny |
|--------|---|-----------------|------------------|--------|---------------------------|-------|



# FLORAL

## BASIC FLORAL/WEDDING DESIGN - 10 CLASSES

An introductory class for those who want to learn floral arranging for personal enjoyment or as a beginning class toward a floral design certificate. Covers principles of floral and wedding design, use of materials and tools, and identification of flower and plant use. All levels welcome. A \$25 material fee is paid to the instructor. Students will have additional material costs depending on their weekly floral arrangements. (The instructor is bilingual, English and Spanish.)



|        |   |                  |                      |        |                             |       |
|--------|---|------------------|----------------------|--------|-----------------------------|-------|
| 040120 | T | 9/12 to<br>11/14 | 10am to<br>Noon      | Rm 108 | Reg. \$130<br>Seniors \$117 | DePaz |
| 040122 | T | 9/12 to<br>11/14 | 12:30pm to<br>2:30pm | Rm 108 | Reg. \$130<br>Seniors \$117 | DePaz |



## MULTI LEVEL FLORAL DESIGN - 10 CLASSES

This class includes advanced, modern, and wedding floral design courses. Students wanting to learn Ikebana (Japanese flower arrangements) are welcome. A one-time lab fee of \$25 will be due on the first day of class for class supplies. Students will have additional costs depending on their weekly floral arrangements.



|        |   |                  |                      |        |                             |        |
|--------|---|------------------|----------------------|--------|-----------------------------|--------|
| 040123 | W | 9/13 to<br>11/15 | 10am to<br>Noon      | Rm 108 | Reg. \$130<br>Seniors \$117 | Nagata |
| 040125 | W | 9/13 to<br>11/15 | 12:30pm to<br>2:30pm | Rm 108 | Reg. \$130<br>Seniors \$117 | Nagata |



# FITNESS

## BUDDHA PALMS QIGONG - HYBRID - 9 CLASSES

Buddha Palms Qigong, an ancient Daoist practice, is a powerful meditative movement form for releasing stress and boosting and channeling energy. Class also includes Qigong foundations and acupressure points for self-care and deepening your experience of this multi-faceted Qigong form. This class will meet in person (room 303) and online. (All students will be sent a link to join the class if one wishes to attend online.)

|        |   |                 |                      |                    |                           |                        |
|--------|---|-----------------|----------------------|--------------------|---------------------------|------------------------|
| 291123 | T | 9/12 to<br>11/7 | 9:45am to<br>10:45am | Room 303<br>ONLINE | Reg. \$60<br>Seniors \$54 | Elise &<br>Kaleo Ching |
|--------|---|-----------------|----------------------|--------------------|---------------------------|------------------------|

## \*NEW\* BEGINNING TAP DANCING WITH LETTIE - 10 CLASSES

Dance to great music! In this adult beginning Tap dance class, you will learn the basic tap dance skills: how to put steps together to make and create a dance -flaps, shuffles, timesteps, riffs, etc. and how to count rhythm.

|        |   |                  |               |          |                           |       |
|--------|---|------------------|---------------|----------|---------------------------|-------|
| 292121 | W | 9/13 to<br>11/15 | 1pm to<br>2pm | Room 303 | Reg. \$60<br>Seniors \$54 | Bruns |
|--------|---|------------------|---------------|----------|---------------------------|-------|

## INTERMEDIATE TAP DANCING WITH LETTIE- 9 CLASSES



Dance to great music! In this experienced dance class, you will learn tap dance skills: how to put steps together to make and create a dance -flaps, shuffles, timesteps, riffs, etc. and how to count rhythm. \* No Class 10/9

|        |   |                   |               |          |                              |       |
|--------|---|-------------------|---------------|----------|------------------------------|-------|
| 292125 | M | 9/11 to<br>11/13* | 1pm to<br>2pm | Room 303 | Reg. \$55<br>Seniors \$49.50 | Bruns |
|--------|---|-------------------|---------------|----------|------------------------------|-------|



## HATHA YOGA FOR STRENGTH AND BALANCE - HYBRID --14 CLASSES

Come join in this yoga class that will focus on yoga postures to increase strength and balance with a strong focus on stretching and strengthening muscles. We will connect breath and movement, as we move through a series of yoga poses. The class is open to all levels. **Students supply their own mat.** No classes on 11/21 & 11/23

|        |    |                    |                     |                    |                            |            |
|--------|----|--------------------|---------------------|--------------------|----------------------------|------------|
| 292220 | T  | 09/12 to<br>12/19* | 8:30am to<br>9:30am | Room 303<br>Online | Reg. \$100<br>Seniors \$90 | McGranahan |
| 292224 | Th | 09/14 to<br>12/21* | 8:30am to<br>9:30am | Room 303<br>Online | Reg. \$100<br>Seniors \$90 | McGranahan |

## VINYASA YOGA: MINDFUL MOVEMENT - 10 CLASSES

Uniting mind body and spirit through movement and breath work. A gentle flow yoga class to ground oneself and find ease on and off the mat. Incorporating meditation, breathing and fundamental yoga poses to improve strength, flexibility, and quiet the mind.

|        |   |                  |                |          |                           |         |
|--------|---|------------------|----------------|----------|---------------------------|---------|
| 292321 | W | 9/13 to<br>11/15 | 9am to<br>10am | Room 303 | Reg. \$60<br>Seniors \$54 | Runckel |
|--------|---|------------------|----------------|----------|---------------------------|---------|



# ART CLASSES

## "NEW" WATERCOLOR - 9 CLASSES

Spark your creativity through watercolor. In this course, we will share inspiration, remember that we are all creative and capable of making unique marks, and build on our artistic practices. Demonstrations, individual help, and critiques are offered in each class. We will review essential techniques: various brush strokes, wet vs. dry brush, color mixing, and designing a painting with a variety of subjects. Emphasis is on design elements and the development of individual projects. Open to all levels. Hone your craft within a community of artists! \*No classes 10/9



|        |   |                   |                      |          |                             |           |
|--------|---|-------------------|----------------------|----------|-----------------------------|-----------|
| 067124 | M | 9/11 to<br>11/13* | 9am to<br>12pm       | Room 107 | Reg. \$190<br>Seniors \$171 | Stepanova |
| 067126 | M | 9/11 to<br>11/13* | 12:30pm to<br>3:30pm | Room 107 | Reg. \$190<br>Seniors \$171 | Stepanova |

## MOSAIC ART WORKSHOP - 6 CLASSES



There is something for just about everyone in this workshop. While working at your own pace, on the projects of your choice, experienced mosaic artists explore their craft and find inspiration from others. The class is monitored by an instructor who provides direction for newbies and support for the experienced. While most of us work with glass or tile, experiments with new and creative materials and techniques are encouraged. Open a world of possibilities in mosaics! A \$25 material fee is paid to the instructor. Students will have additional material costs depending on their projects. their own personal projects to further perfect their skills.

|        |      |                   |               |          |                            |           |
|--------|------|-------------------|---------------|----------|----------------------------|-----------|
| 280522 | M/Th | 11/27 to<br>12/14 | 1pm to<br>4pm | Room 108 | Reg. \$110<br>Seniors \$99 | Silverman |
|--------|------|-------------------|---------------|----------|----------------------------|-----------|



## ARTIST LAB - 9 CLASSES



Prerequisite - Some painting experience. Welcome to an in-person Artist Lab with no instructions. Work at your own pace at your own table, with the camaraderie of fellow artists. Artwork is not critiqued, although fellow artists are welcome to ask for informal feedback from each other. This is a fun, friendly space to work on your own projects. All mediums are welcome. \*No class 11/22

|        |   |               |            |          |                             |           |
|--------|---|---------------|------------|----------|-----------------------------|-----------|
| 280422 | W | 10/4 to 12/6* | 1pm to 4pm | Room 107 | Reg. \$190<br>Seniors \$171 | Henderson |
|--------|---|---------------|------------|----------|-----------------------------|-----------|

## FUNDAMENTALS OF DRAWING AND BEYOND - 10 CLASSES

This drawing course is designed to increase your visual awareness and attain methods to help create line and the effect of three dimensional drawings while having fun. Drawing is fundamental to most forms of art. We will explore the use of line, value, form, perspective, texture, and proportions throughout various drawing exercises. Students will have group and individual instruction. Many class projects are geared for beginners and intermediate students. Advanced and intermediate students are also welcome to work on their own personal projects to further perfect their skills. Please view instructor's website at [www.garybergren.com](http://www.garybergren.com)

|        |    |               |               |          |                                |         |
|--------|----|---------------|---------------|----------|--------------------------------|---------|
| 067620 | Th | 9/14 to 11/16 | 1:30pm to 4pm | Room 107 | Reg. \$175<br>Seniors \$157.50 | Bergren |
|--------|----|---------------|---------------|----------|--------------------------------|---------|

## OILS OR ACRYLICS PAINTING (LANDSCAPE AND PORTRAIT) - 10 CLASSES

This class is designed for beginning, intermediate and beyond students. Learn to expand your creativity and art education while having fun. Paint from photos of your choice. Learn strong composition by lectures, and how to attain accurate color, values, and representation through painting demonstrations and individual instruction, including critiques. Powerpoint lectures on various forms of composition and a portrait video is available upon request and is encouraged for further advancement toward professionalism. Please view instructor's website at [www.garybergren.com](http://www.garybergren.com)

|        |    |               |                   |          |                             |         |
|--------|----|---------------|-------------------|----------|-----------------------------|---------|
| 067425 | Th | 9/14 to 11/16 | 9:30pm to 12:30pm | Room 107 | Reg. \$210<br>Seniors \$189 | Bergren |
|--------|----|---------------|-------------------|----------|-----------------------------|---------|

## ACRYLIC & OIL PAINTING LAB - 9 CLASSES



Need help with a project? Find you need more time to finish projects? This time is for you to work on any project and have an experienced instructor and professional artist available to assist you. Prerequisite: Painting experience. **\*No class 11/10.**

|        |   |                |             |          |                             |           |
|--------|---|----------------|-------------|----------|-----------------------------|-----------|
| 280222 | F | 9/15 to 11/17* | 9am to 12pm | Room 107 | Reg. \$190<br>Seniors \$171 | Antkowiak |
|--------|---|----------------|-------------|----------|-----------------------------|-----------|

# PERFORMING ARTS

## LAUGH/LEARN/THINK ON YOUR FEET - 8 CLASSES

Laugh/Learn/Think on your Feet! Improv classes for all levels. Learn how to make it up as you go, be more comfortable onstage, with your own voice. Skills useful in every facet of your life. Gain confidence in speaking and bring some light and fun and laughs into your week! Friends and family performance at the end of each session. Limit 12 students

|        |   |                 |                  |            |                              |      |
|--------|---|-----------------|------------------|------------|------------------------------|------|
| 270823 | T | 9/19 to<br>11/7 | 2pm to<br>3:30pm | DV Theater | Reg. \$85<br>Seniors \$76.50 | Rich |
|--------|---|-----------------|------------------|------------|------------------------------|------|

## "NEW" LAUGH/LEARN/THINK ON YOUR FEET - LEVEL II - 8 CLASSES

For those who have taken the Improv for All Levels or who have prior Improv experience. We will build on the fundamentals of Improv by delving further into scene work. The class can culminate in a friends and family performance if the class elects to do so. Limit 12 students

|        |    |                 |                  |            |                            |      |
|--------|----|-----------------|------------------|------------|----------------------------|------|
| 270829 | Th | 9/21 to<br>11/9 | 2pm to<br>3:30pm | DV Theater | Reg \$85<br>Senior \$76.50 | Rich |
|--------|----|-----------------|------------------|------------|----------------------------|------|

## "NEW" BEGINNING TAP DANCING WITH LETTI - 10 CLASSES

Dance to great music! In this adult beginning Tap dance class, you will learn the basic tap dance skills: how to put steps together to make and create a dance -flaps, shuffles, timesteps, riffs, etc. and how to count rhythm. Tap shoes required.

|        |   |                  |               |          |                          |       |
|--------|---|------------------|---------------|----------|--------------------------|-------|
| 292121 | W | 9/13 to<br>11/15 | 1pm to<br>2pm | Room 303 | Reg \$60<br>Seniors \$54 | Burns |
|--------|---|------------------|---------------|----------|--------------------------|-------|

## INTERMEDIATE TAP DANCING WITH LETTIE - 9 CLASSES

Dance to great music! In this intermediate dance class, you will learn tap dance skills: how to put steps together to make and create a dance -flaps, shuffles, timesteps, riffs, etc. and how to count rhythm. Tap shoes required. \*No Class 10/9

|        |   |                  |               |          |                             |       |
|--------|---|------------------|---------------|----------|-----------------------------|-------|
| 292125 | M | 9/11 to<br>11/13 | 1pm to<br>3pm | Room 303 | Reg \$55<br>Seniors \$49.50 | Burns |
|--------|---|------------------|---------------|----------|-----------------------------|-------|



# MONEY MANAGEMENT

## ESTATE PLANNING AND REVOCABLE LIVING TRUST MADE SIMPLE - 2 CLASS

Revocable Living Trusts avoid probate. Did you know that there are different kinds of Revocable Living trusts? On death, a Trust can be expensive and complicated or simple and economical to administer, depending on which kind you choose. Have your questions answered by a practicing attorney who will explain exactly how Trusts and Wills work in a way that is easy to understand. Mr. McFalone has practiced law in the San Francisco Bay Area for more than 30 years.

|        |   |                  |                     |          |                          |          |
|--------|---|------------------|---------------------|----------|--------------------------|----------|
| 057521 | W | 11/8 to<br>11/15 | 1:30pm to<br>3:30pm | Room 102 | Reg. \$40<br>Senior \$36 | McFalone |
|--------|---|------------------|---------------------|----------|--------------------------|----------|

## SAVVY SOCIAL SECURITY PLANNING FOR COUPLES - 1 CLASS

Learn how much Social Security you and your spouse stand to receive over your joint lifetime and rules and guidelines for when spouses should apply for benefits. The decisions you make in your 60's can determine the amount of income you or your surviving spouse will have in your 80's or 90's. Two key things you need to know about Social Security survivor benefits. How to avoid mistakes at your Social Security office. How to avoid mistakes at your Social Security office. You will also receive a copy of The Baby Boomer's Guide to Social Security-- a comprehensive reference addressing common questions and issues, including proposals for reform. Social Security is far more complicated than most people realize. The decisions you make now can have a tremendous impact on your retirement income.

|        |   |       |                  |          |                             |        |
|--------|---|-------|------------------|----------|-----------------------------|--------|
| 266120 | T | 9/12  | 6:30pm to<br>8pm | Room 103 | Reg \$25<br>Seniors \$22.50 | Noceti |
| 266123 | T | 11/14 | 6:30pm to<br>8pm | Room 103 | Reg \$25<br>Seniors \$22.50 | Noceti |

## WHAT BABY BOOMERS NEED TO KNOW ABOUT MEDICARE & LONG-TERM CARE - 1 CLASS

Baby Boomers are asking: • When do I sign up for Medicare? • What does Medicare cover? • How much does it cost? • Will I need other insurance? • What about long-term care? At this workshop you will learn: • How Medicare enrollment periods work and what you need to do to avoid late-enrollment penalties • How much you can expect to pay in health care costs after going onto Medicare • How Medicare works with private insurance to provide comprehensive coverage • Why most people pay too much for private insurance and how you can avoid excess costs • Why you must plan for higher health care costs in retirement—including the possibility of needing long-term care. You will also receive a copy of The Baby Boomer's Guide to Savvy Medicare Planning -- a comprehensive reference addressing common questions and issues.

|        |   |      |                  |          |                              |        |
|--------|---|------|------------------|----------|------------------------------|--------|
| 266127 | M | 10/9 | 6:30pm to<br>8pm | Room 103 | Reg. \$25<br>Seniors \$22.50 | Noceti |
|--------|---|------|------------------|----------|------------------------------|--------|

# ELL CLASSES



## Calendar:

Fall Classes - 9/11 - 12/7

Fall No School/Holidays: 10/9, 11/10,  
11/20-11/24

## Orientation/Testing Dates:

8/22/23 Tuesday 10 am

8/23/23 Wednesday 10 am

8/24/23 Thursday 10 am

8/29/23 Tuesday 10 am

8/30/23 Wednesday 10 am

9/05/23 Tuesday 10 am

9/06/23 Wednesday 6 pm

## New Students:

In order to attend class, students must first take a placement examination and be assigned to a class. Students can register for a testing/orientation session on our website. Orientation usually takes 20 minutes and testing takes about 2 hours. Registration is required. Sorry, no walk-ins.

## ELL Location and Classes:

Del Valle Education Center, 1963 Tice Valley Blvd, Walnut Creek

Morning Session: All levels: 9am - Noon

Evening Session: Only Online: 6:30 - 8:30pm, High Beginning,  
Inter., Adv.

## BEGINNING LITERACY ELL - NO FEE

This course is designed to build upon emerging English listening, speaking, reading, and writing skills at the beginning literacy level. The instruction will include the development of basic literacy skills and communication for everyday living, which will help Guests progress towards their personal, academic, and/or professional goals. Integrated throughout the course will be workplace readiness skills, including critical thinking, diversity awareness, and soft skills.

## BEGINNING ELL - NO FEE

The focus of this class is to develop basic speaking, reading, writing and listening skills in English. This will be accomplished through oral and written exercises, life skills activities, conversation, and the use of multimedia sources, so students gain confidence and acquire skills needed for everyday life in the United States.

## HIGH BEGINNING ELL - NO FEE

This course provides practice in everyday conversations about essential life skills through basic lessons in vocabulary, grammar, reading/writing, listening/speaking and pronunciation. It enables students to acquire functional English communication skills that are required for entry-level jobs and everyday life in the U.S.

## INTERMEDIATE ELL - NO FEE

The focus of this class is instruction in English grammar and reading and are designed for adults who have good speaking skills, but who may need help with reading and writing in English. This course aims to improve students' English grammar, pronunciation, conversation, life skills, reading and writing, while learning about the culture within the United States.



### ADVANCED ELL - NO FEE

This course provides practice in everyday conversations about essential life skills through basic lessons in vocabulary, grammar, reading/writing, listening/speaking and pronunciation. It enables students to acquire functional English communication skills that are required for entry-level jobs and everyday life in the U.S.

### BEYOND ADVANCED - NO FEE

This enhancement course aims to reinforce students' previously acquired English language proficiency in reading, writing, and listening. This Beyond Advanced English level will allow students to experiment and implement their English skills in real life situations.

### ELL BASIC COMPUTER - NO FEE

The ELL Fall Quarter Computer Basics Class is designed to introduce Intermediate Low to Advanced ELL students to computer basics, keyboarding, and Microsoft Word. By the end of this class, students will know how to identify parts of a computer desktop, create and name folders, add desktop shortcuts, pin programs to the taskbar, identify parts of a Word window, format text, use the CTRL key for shortcuts such as cut, copy, and paste, insert pictures, insert shapes, insert text

### ELL CONVERSATION - NO FEE

This class is for Intermediate and Advanced students. Students will engage in a variety of formal and informal speaking activities such as small or whole group discussions, individual or group presentations, informal debates, among others. The focus will be on speaking fluency as well as using specific grammatical structures, incorporating vocabulary or utilizing the structure of formal presentation.

### LISTENING, PRONUNCIATION & SPEAKING - NO FEE

This class is designed to help intermediate and advanced students master the aural/oral skills necessary to navigate daily life at school and work in the US, employing the linguistic features specific to American English—letter/sound correspondence, syllable and sentence stress patterns, intonation—pitch, length, clarity of vowels, voicing, linking, emphasis patterns, thought groups, idiomatic usage, and more.

### ELL CITIZENSHIP US HISTORY FOCUS - HYBRID - NO FEE

This is a non-credit, open-enrollment course that is designed for students who have some advanced English language skills. This course aims to develop students' proficiency levels in all four domains of the English language (reading, writing, speaking and listening) in order to efficiently communicate in everyday situations. It is also meant to support students in the development of critical thinking skills. The use of technology will also be integrated.

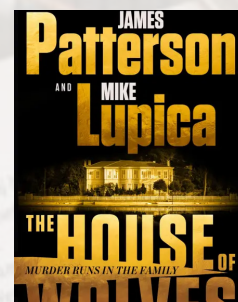
|            |                                    |                |                 |                    |        |
|------------|------------------------------------|----------------|-----------------|--------------------|--------|
| Fall 2023: | Tuesdays, Wednesdays,<br>Thursdays | Noon to<br>1pm | 9/13 to<br>12/8 | Room 101<br>Online | Loosli |
|------------|------------------------------------|----------------|-----------------|--------------------|--------|

# HUMANITIES

## "NEW" THREE, A WINNING NUMBER FOR MYSTERY NOVELS - 6 CLASSES

Get acquainted with three contemporary mystery novels by three revered authors with stories set in three of America's most admired cities—Chicago, New York, and San Francisco. Sara Paretsky's "Dead Land", Robin Cook's "Night Shift", and James Patterson & Mike Lupica's "House of Wolves". We will spend two class sessions discussing each title.

|        |    |                  |                  |          |                           |        |
|--------|----|------------------|------------------|----------|---------------------------|--------|
| 064025 | Th | 9/21 to<br>10/26 | 1:30pm to<br>3pm | Room 114 | Reg. \$60<br>Seniors \$54 | Trezek |
|--------|----|------------------|------------------|----------|---------------------------|--------|



## "NEW" A NEW LOOK AT U.S. HISTORY - 10 CLASSES



The purpose of Civics and United States History courses in elementary, high school, and introductory college curriculum is to provide students with a common set of beliefs about our democracy. The goal has been the assimilation of young people and new citizens into our American culture. In addition to this traditional view, we will take a more critical view of American history with the objective of better understanding some of the divisions that seem to plague our current political discourse. Additional material from the following sources will be included: Colin Woodard's American Nations; Howard Zinn, A People's History of the United States; and Nikole Hannah-Jones, The 1619 Project.

|        |    |                  |                    |        |                            |         |
|--------|----|------------------|--------------------|--------|----------------------------|---------|
| 222020 | Tu | 9/12 to<br>11/14 | 1 pm to<br>2:30 pm | Rm 114 | Reg. \$100<br>Seniors \$90 | Hughell |
|--------|----|------------------|--------------------|--------|----------------------------|---------|



# REEL-TO-REAL TALK - 12 CLASSES

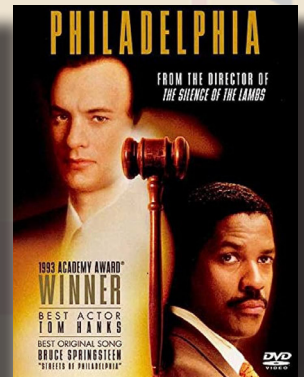
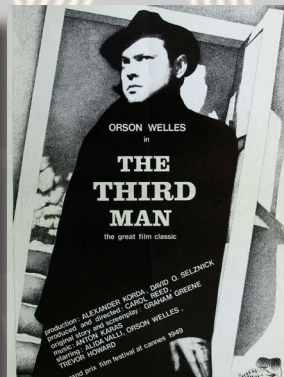


Reel to Teal Talk: A Film Forum is an ongoing film course where students discuss the cinematic world of a film, engage in a lively post-viewing exchange of ideas and insights focused on the literary aspects and cinematic techniques of select films.

The Fall 2023 Term theme is Reel Techniques, Real Films. Therefore, we will watch 3 documentaries that highlight the art and craft of (1) musical scoring (2) cinematography (3) editing. Then we will view influential narrative films that illustrate each of these cinematic techniques.

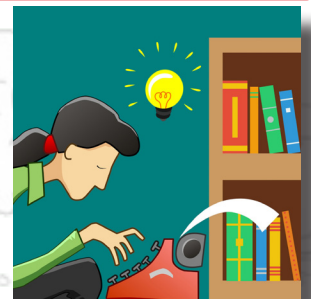
Featured selections include: Visions of Light: The Art and Craft of Cinematography – Butch Cassidy and the Sundance Kid, Road to Perdition; The Magic of Movie Editing – The Third Man, Crash; Composing the Musical Soundtrack – Singin' in the Rain, Chicago. And others . . . In this way, we expand our respect, understanding and appreciation for the creative mechanics of filmmaking! **\*No class 11/21, 11/23**

|        |    |                 |               |         |                             |         |
|--------|----|-----------------|---------------|---------|-----------------------------|---------|
| 231525 | T  | 09/12 to 12/05* | 9:30am to 1pm | Theater | Reg. \$200<br>Seniors \$180 | Thorner |
| 231527 | Th | 09/14 to 12/07* | 9:30am to 1pm | Theater | Reg. \$200<br>Seniors \$180 | Thorner |



# CREATIVE WRITING - 9 CLASSES

What words or message might be bubbling up inside you? What would you like to bring to voice? Whether or not your writing path is clear, you are invited to join a class community in which you can develop ideas, skills, and creativity. Each week we begin with an in-class writing exercise. Then we present the work we have done at home – whimsical or serious prose, poetry, fiction, non-fiction, memoir, essay. All are welcome. Finally, we follow a safe critique process that offers supportive feedback and encourages us to HAVE FUN WRITING! If the class is full, please call 925-280-3980, ext. 8001 to be placed on the waiting list. **\*No class 11/23**



|        |    |              |                |        |                             |           |
|--------|----|--------------|----------------|--------|-----------------------------|-----------|
| 065327 | Th | 10/5 to 12/7 | 12:30pm to 3pm | Rm 106 | Reg. \$180<br>Seniors \$162 | Henderson |
|--------|----|--------------|----------------|--------|-----------------------------|-----------|

# SPECIAL INTEREST

## AARON COPLAND (AMERICAN COMPOSER 1900-1990) - 2 CLASSES

Rossmoor resident and popular lecturer, Steven Lowe, will present a program on American composer Aaron Copland (1900-1990), named by Leonard Bernstein as our nation's "greatest composer." After studying in Paris in the 1920s Copland returned to the United States and wrote some of the most popular classical music of the 20th century including such beloved scores as Appalachian Spring, Billy the Kid and Rodeo. Though born in Brooklyn he essentially defined the "sound" of the American West, bequeathing a style that conveys the rugged beauty and vast open spaces of our continent. Virtually every film composer writing soundtracks for Westerns has borrowed heavily from Copland's original and evocative music. Steve's talk will include recorded excerpts from Copland's irresistible



|        |   |                 |               |        |                           |      |
|--------|---|-----------------|---------------|--------|---------------------------|------|
| 286820 | T | 9/19 to<br>9/26 | 1pm to<br>3pm | Rm 102 | Reg. \$30<br>Seniors \$27 | Lowe |
|--------|---|-----------------|---------------|--------|---------------------------|------|

## GENEALOGY 1 - 4 CLASSES

This course continues from the Introduction course (last taught in Spring 2023). Topics covered will be planning research, gathering evidence, and using church, cemetery, and newspaper records. The Introductory course covered getting started, vital records, census records, and organizing the research. \*No class 11/20

|        |   |                 |               |        |                          |         |
|--------|---|-----------------|---------------|--------|--------------------------|---------|
| 270825 | M | 11/6 to<br>12/4 | 1pm to<br>3pm | Rm 105 | Reg. \$60<br>Senior \$54 | Gorrell |
|--------|---|-----------------|---------------|--------|--------------------------|---------|

Geitz - Wood Family Tree



# ADULT SECONDARY EDUCATION

## ADULT HIGH SCHOOL DIPLOMA PROGRAM - NO FEE



Acalanes Adult Education (AAE) awards an Acalanes Union High School District (AUHSD) diploma to students enrolled in the high school diploma program who complete the following graduation requirements. Prior earned credits, which meet the AUHSD requirements, may be included in the completion of units. Prospective students must obtain official transcripts for all academic courses previously completed, so that an accurate course enrollment plan may be developed to work towards a high school diploma.

### High School Equivalency (GED and HiSET)

Students who do not have transcripts from their previous school(s) or who need more than 60 credits to earn their high school diploma may wish to take their GED or HiSET high school equivalency (HSE) test. The HSE comprises 5 subtests: Science, Social Science, Reading, Writing, and Math. The GED combines reading and writing into one subtest. The HSE certificate is accepted at community colleges, most career training programs, and the military.

The AAE HSE program is offered to students through Online and individual support. A GED textbook is available to complement the program. While AAE is not a GED/HiSET testing center, students may register Online and select a test location within Contra Costa County.

### Enrollment

To enroll in the high school diploma and/or the high school equivalency program, prospective students must first attend an enrollment meeting with the Director of the Del Valle Education Center (DVEC), Transition Specialist, and/or Administrative Assistant to the Director of the DVEC. Please email [adulted@auhdschools.org](mailto:adulted@auhdschools.org)  
Online Program -Fall 2023 - 9/11-12/7

### High School Diploma Requirements

| Subject                          | Credits        |
|----------------------------------|----------------|
| English                          | 40             |
| Algebra 1                        | 10             |
| Math (beyond Algebra 1)          | 20             |
| Life Science                     | 10             |
| Physical Science                 | 10             |
| U.S. History                     | 10             |
| World History                    | 10             |
| Government                       | 5              |
| Economics                        | 5              |
| Health                           | 5              |
| World Language, Arts, Technology | 30             |
| Elective Credits*                | 40-50          |
| <b>Total</b>                     | <b>195-205</b> |

Students over 20 years of age take 40 elective credits. Students under 20 years of age take 50 credits.

